

Bread Schedule

Great Harvest LaCrosse (608) 519 5450

Honey Wheat - M, T, W, TH, F, S

120 cal. \$5.50

A perfect blend of five pure ingredients – freshly ground, flavor-rich wheat, pure honey, filtered water, salt, and yeast.

High Five Fiber - M, T, W, TH, F, S

140 cal. \$7.00

Whole wheat flour, honey, flax seeds, oat bran, millet, sunflower seeds, and wheat bran

Farmhouse White - M, T, W, TH, F, S

130 cal. \$5.50

We keep it simple! Unbleached white flour, cane sugar, salt, yeast, and water.

Cinnamon Chip/ Swirl - M, T, W, TH, F, S

150 cal. \$6.50/7.00

Flour, cinnamon chips, cane sugar, and ground cinnamon.

Challah - F, S

140 cal. \$7.00

Braided light and sweet egg bread

Popeye - W, TH

110 cal. \$7.50

Whole wheat and white flour blend, spinach, swiss cheese, cane sugar, red peppers, onion, and garlic.

Cheddar Garlic - M, T, F, S

150 cal. \$7.75

Flour, cane sugar, cheddar cheese, sesame seeds, onion, garlic, and parsley.

Sour Dough - T, TH

variable cal. \$5.50-\$6.50

Nine Grain (T), Asiago Garlic (T), Cranberry Walnut (TH) are the alternating sour dough options. All amazing!

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information is available upon request.

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Sour Dough - T, TH

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greatharvestlacrossewi.com

Cranberry Orange - W, TH, F, S

130 cal. \$6.50

Freshly ground whole wheat flour, cranberries, honey, and orange peel.

Dakota - M,T,W,TH,F,S

120 cal. \$6.75

Freshly ground whole wheat flour, honey, sunflower, sesame, and pumpkin seeds, and millet.

Buckwheat Brown Rice - M, T, W, TH, F, S

140 cal. \$8.00

Brown & white rice flour, corn starch, tapioca, buttermilk and eggs create this glutenless loaf.

Honey Bunnies - April 15th-20th

120 cal. \$13.00

freshly ground, flavor-rich wheat, pure honey, filtered water, salt, yeast and shaped like a bunny!

Hot Cross Buns - April 15th-20th

Variable \$8.00

These amazing lemon puree, orange puree, craisin filled buns topped with a fresh lemon puree cream cheese frosting make your Easter table complete.

Chasing Bunnies - April 15th-20th

Variable \$6.00

Dinner rolls shaped into bunnies chasing one another.

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